*Section A*

* Preparation
* Setting the boat up for sailing
* Self safety and for the crew
* Practical
	+ Rigging

 ***Level 2 Dinghy Sailing Syllabus***

**Basic Skills**

* + - Understands how to rig according to weather conditions
		- Reducing sail area (reefing the sail)
	+ Rope work – can tie the following:
		- Bowline (Advanced)
		- Clove Hitch
		- Reef Knot
	+ Sailing Techniques and Manoeuvres
		- Understanding how to sail efficiently using the following:
			* The Five Essentials
				+ Sail Setting (setting the sails for the course)
				+ Balance (the sideway level of the boat)
				+ Trim (the setting of the boat fore and aft0
				+ Course Made Good (Sailing efficiently)
				+ Centreboard (setting the correct position)
			* Can sail around a short course using all points of sailing and crewing skills
			* Leaving and returning to a beach, jetty or mooring
			* Coming alongside a moored boat
		- Navigating a channel:
			* Beacons, Buoys,
			* Port/starboard beacons & buoys
			* Local regulations and international
			* Planning a short day passage using the above information
		- Aware of lee shore dangers, what to avoid
		- Sailing in close company with others on the spot rule quiz
		- Man overboard recovery simulation
	+ Launching and Recovery
		- Has knowledge of boat storage ashore, launching and recovery
		- Able to paddle a sailing dinghy around a short course, come alongside and make fast
		- Launch and recover a boat
	+ Capsize Recovery
		- Right a capsized boat using one method of righting and righting an inverted boat
* Racing
	+ Understands the course and starting procedure
* Sailing Background
	+ Sailing Theory and Background
		- Knowledge in the below points:
			* Points of sailing and ‘no go zone’
			* How a sail works and sailing boat moves
			* Sea sailing – local knowledge and advice
			* Tide tables, tidal sequence of springs and neaps, ebbs and flow
			* The effect of wind direction and tidal flow on sailing conditions
			* Speed over the ground with/against tidal flow
			* Estuaries and harbour mouths – conditions and hazards
			* Informing someone ashore/dangers of sailing alone
			* Inland sailing – basic advice including local bylaws, permits, overhead power lines, locks and weirs
			* Advice for independent sailing – self reliance
			* The dangers of hypothermia and the importance of first aid training, particularly cardio pulmonary resuscitation

*Section C*

* Meteorology
	+ Knows sources of relevant weather, inshore forecasts, when to reef
	+ Understand Beaufort Wind Scale
* Clothing and Equipment
	+ Importance of personal safety, clothing and buoyancy, boat buoyancy and basic equipment depending on type of boat (may include anchor, paddle, bucket, bilge pump)
* Emergency Equipment and Precautions
	+ Importance of first aid kit and including stowage
	+ Visual methods of attracting attention, vhf handheld radios
	+ Action to help those in distress, obligation of the SOLAS law
* Coastal
	+ Capable of practical application of Section A in coastal waters
	+ Able to anchor
	+ Understand how to apply weather forecasts in coastal waters